

understanding NF1

www.understandingnf1.org

Name:

Date of visit:

Where visit occurred:

Reason for visit:

Person who completed this page:

Date this page was completed:

Medical provider's name and specialty:

Before the appointment • **Questions or discussion topics:**

Please make notes of any questions related to NF1 that have come up in the period since the last visit. For instance, have you noticed any changes since your last visit that you want to ask about? Are there questions about something you have read or heard about NF1? Are there any other concerns you would like to discuss with your doctor?

• **Things to take along:**

Are there test results, photographs, documents you need to bring with you to the appointment? If so, make a note of them here.

At the appointment • **Questions and Answers, Discussion:**

Please make notes about information you receive from the medical professionals and note any tests that were performed.

After the appointment • **Follow-up items:**

Are there specific tasks to do as a result of the appointment? Note things like scheduling a consultation with another medical professional, arranging for a test, calling for test results, or sending information to or receiving information from a medical provider.